



SOCCER LEAGUE UK MATCH RULES

1. No head-height restrictions
2. Different venues have different codes of conduct – Soccer League UK will inform teams of any special requirements before the league starts
3. A match commences with a centre kick off and re-commences at, start of second half and after a goal is scored
4. Goalkeepers can ONLY throw the ball over-arm or under-arm, kick are not allowed. If the football is kicked by the goal keeper then a penalty spot-kick will be awarded to the opposition.
5. Back pass is 2 player rule - goalkeeper can only pick up the ball after 2 outfield players have touched the ball
6. No throw-ins ONLY kick-ins. (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator)
7. Corner kicks are permitted. (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator)
8. Venues using built-in goals (instead of free-standing goals); A goal kick is awarded if the ball hits the boards behind the goal (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator)
9. Automatic substitutions - it is not necessary to stop play to allow substitutions to be made however you must make the referee aware that a substitution is to be made
10. Players are allowed to field up to 3 non-registered guest players with the agreement of the referee and the opposition team BEFORE the game starts
11. Sliding tackles are not permitted.
12. Foul language and/or swearing which is directed at official(s)/referee(s)/opponent(s)/own player(s) will result in a red card
13. Players receiving a Yellow/Blue card will be asked to leave the game for between 2 and 6 minutes at referee's discretion and will be instructed to return to the game by the referee
14. RED card = 1 match ban - effective for next match



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15. ANY violent/indecent conduct from player(s)/team(s) will result in a £40 fine and may result in permanent exclusion from all Soccer League UK leagues and competitions.
16. All violent/indecent conduct will be reported to the Football Association for further action. Note; action taken by the FA will affect 11 a side registered players.
17. Yellow/Blue card fines £10. Red card fines £15. ALL fines are to be paid within 7 days to SOCCER LEAGUE UK to avoid further action by Soccer League UK and the Football Association.
18. All free-kicks are direct
19. Players MUST allow 2 yards for free-kicks
20. Players MUST allow 5 yards for corner kicks
21. Goalkeepers are not permitted to leave their own area (known as the box). A penalty shall be awarded if a goalkeeper intentionally leaves the box. Referees can use discretion in cases of accidental/momentum
22. Player(s) cannot enter the penalty box. A penalty will be awarded if a defending playing enters the penalty box.
23. All penalty spot kicks are a maximum of 2 steps
24. Players are asked to respect the decisions of the referee at all times