

MATCH RULES

No head-height restrictions.

Different venues have different code of conducts – Soccer League UK will take precaution and let teams know beforehand.

Kick-off from centre when match starts, start of second half and after a goal's scored.

Goal keeper can ONLY throw ball over-arm or under-arm but CANNOT kick. If the football is kicked by the goal keeper then a penalty spot-kick will be awarded to the opposition. (Please note: Final decision will be made by the referee whether it is to be penalized or not. Footballers NEW to small-sided football league rules or playing in different positions find it difficult to adapt).

Back pass is 2 player rules - goalkeeper can only pick it up after 2 players have touched it.

No throw-ins ONLY kick-ins. (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator).

Corner kicks are normal. (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator).

If the goal is built in to arena, and football goes behind the goal and hits the board then it is a goal kick. (Depending on CENTRE/VENUE – If unsure, ask on-site SOCCER LEAGUE UK match coordinator).

The team(s) making a substitute MUST notify the referee so the referee can stop play (if necessary). Roll-on roll-off subs.

Players are allowed up to 3 non-registered guest players with the consultation of the referee FIRST and then the opposing team. BOTH referee and team MUST agree to allow guest player(s) to participate.

No sliding what so ever. Slide tackles will be penalised. If slide (tackle) was caused by momentum, referee's decision will be final.

All players MUST watch language, swearing at official(s)/referee(s)/opponent(s)/own player(s). This is a mandatory red card.

Yellow/Blue card is a sending off for 2-6 minutes at referee's discretion.

ANY player(s) shown a red card ONCE then they will be banned from next game.

ANY violent/indecent conduct from player(s)/team(s), they will be indefinitely banned from SOCCER LEAGUE UK with a £40 fine (payment must be made within 7 day) and reported to The FA for further action. (This will affect 11-A-Side football and further action may be taken by CENTRE/VENUE's discretion).

Yellow/Blue card fines £10. Red card fines £15. ALL payments must be paid within 7 days to SOCCER LEAGUE UK to avoid further action by SOCCER LEAGUE UK and The FA.

All free-kicks are direct.

Players MUST allow 2 yards for free-kicks.

Players MUST allow 5 yards for corner kicks.

Goal keeper is restricted to their area (known as the box). If the goal keeper leaves the area INTENTIONALLY and interferes with play then penalty spot kick will be awarded to the opposition team. If it was caused by momentum, referee's decision will be final.

Player(s) cannot enter the box. If defending team players enter the box, then penalty kick will be awarded to the opposition. If it was caused by momentum, referee's decision will be final.

All penalty spot kicks are a maximum of 2 steps.

Referee's decision is final.